

# GRAMEEN SNEH FOUNDATION ANNUAL EDITION

## 2019



Regd. No 66485/2009



**7 STATES  
COVER**

Connect **3000** cancer survivors in Hausla group touch **4,41,620** peoples

# GSF MISSION



## GSF MISSION

### EVENT BASED ACTIVITIES

#### SHORT TERM (BY 2020)

- >> Health Camp
- >> E-symposium
- >> Work Shop
- >> Hausla
- >> Health & Wellness Festival
- >> BIHAR; EK VIRASAT
- >> Cyclothon

### PROGRAMME BASED ACTIVITIES

#### MID TERM (BY 2022)

- >> Awareness & Detection Centre
- >> Counseling Centre
- >> Industrial Programme
- >> Path Lab & Diagnostic Centre
- >> Health & Wellness Centre
- >> Sneh App
- >> Skill Development Programme

### RESEARCH BASED ACTIVITIES

#### LONG TERM (BY 2025)

- >> Health Research Centre
- >> Project Collaboration
- >> Field Records
- >> Education & Skill Centre
- >> Social Innovation
- >> Project Brand Whole
- >> Art Centre

# GSF ACTIVITIES



# FOREWORDS



*“Everybody has problems in different ways. That may be financially, socially or physically. Defeat the problem and conquer. Everybody wants to take, that’s why the whole world is suffering. Because you are giving back to the society so you are the happiest people. When God is with you, no one can stand against you. My blessings are with you.”*

*DR. APJ ABDUL KALAM  
to  
Ganga Kumar & Sneha Routray*

DR. APJ ABDUL KALAM

to

Ganga Kumar & Sneha Routray

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# CONTEXT



*This Project Plan was developed to inform the general public, policy makers, survivors, providers, and others about cancer survivorship and public health. In 2009, GRAMEEN SNEH FOUNDATION had launched different activities in HEALTH, EDUCATION, ART & CULTURE AND SOCIALLY related Programmes in three states, viz. Bihar, Odisha and Delhi-NCR in India. Nine years later, Foundation has developed into a network of individuals to improve the lives of young children and families through a vibrant learning community active in national and states reform projects. Now the organization has been working in Bihar, Odisha, Delhi, Uttar Pradesh, Jharkhand, Jammu & Kashmir, Maharashtra and West Bengal in India. The organization is going to move in all over India to make the healthy and disease free India.*

# CHALLENGES



## ***Our Challenges***

- *More than 30% of cancers can be prevented.*
- *Cancer Awareness Programme continues to underpin improved survival rate*
- *As Indians live longer with cancer, the need for support will increase.*
- *Indians with incurable cancer require palliative care that promotes quality of life and dignity.*
- *To Promote healthy life style.*
- *To Promote Art & Culture of Bihar on National and International Platform.*
- *To Provide skill training for rural youth of this country.*

## ***Our Stakeholders***

*Our work is made possible in collaboration with strategic partners and the generous support of the Indian community, including:*

- *People affected by cancer*
- *Health Professionals and Health Services*
- *Research Institutions*
- *Government*
- *Volunteers*
- *Donors*
- *Community organizations*
- *Community*

# OBJECTIVE



***Grameen Sneh Foundation (GSF)*** aims to improve the quality of life of every individual through sustained change in their social, physical, economic and cultural status with special emphasis on the most vulnerable section of the society like women, children and elder people.

*GSF visualizes the world where there is no poverty and every human being lives with dignity, security and sound state of both physical and mental health without discrimination of caste, creed, colour or nationality.*

*The main objectives of the organization is to work for the rural sector who have little or no access to specialized services and care. GSF has been organizing several health check-up, blood donation camps and also conducting cancer awareness programmes at different villages under many districts of Bihar, Odisha, Delhi, Uttar Pradesh, Jharkhand, Jammu & Kashmir, Maharashtra and West Bengal.*

*GSF is also working actively towards spreading basic vocational and technical education through the rural population as well as helping to resonate the rich traditional and cultural diversity of Bihar beyond domestic and international borders.*



# EXECUTIVE

## SUMMARY



**SNEHA ROUTRAY, PRESIDENT  
GRAMEEN SNEH FOUNDATION**

- Name** : **GRAMEEN SNEH FOUNDATION**  
**(ISO 9001 : 2015 certified organisation)**
- Current Social Service Status** : **Operational in Bihar, Odisha, Delhi, Uttar Pradesh, Jharkhand, Jammu & Kashmir, Maharashtra and West Bengal**
- Year of Establishment** : **2009 | Registration Number : 66485**
- Legal Structure** : **Non-Governmental Organisation**
- Website** : **[www.grameensnehfoundation.org](http://www.grameensnehfoundation.org) | [www.biharekvirasat.org](http://www.biharekvirasat.org)**
- Our Mission** : **"CANCER MUKT BHARAT" "TB MUKT BHARAT"**
- Our Values** : **Excellence. Integrity. Compassion**

# KEY AREAS



- *Establish health institute/Hospital with multi specialty clinic catering to the vulnerable, downtrodden, and needy sections of the society of both urban and rural background. Under served and marginalized communities to be targeted mainly for this purpose.*
- *To promote the health awareness for health prevention measures. It will be for better & healthy living on all types of medical, social and mental illness amongst the community.*
- *To setup welfare institutes especially caring for the neglected & outcast women, children and destitute.*
- *To establish schools, colleges & orphanages to help the poor & needy children so that they are able to receive education & support for better living.*
- *To provide support & linkages for the rural people, self help groups (SHGs) & youth to be self reliant by providing them income generating schemes by building cooperatives.*
- *To provide consultancy and capacity building of other NGOs, social organizations & technical institutes on various aspects of micro finance, medical & social issues like rights and gender.*
- *To work in the field of HIV/AIDS, RTI/STI & other communicable diseases like leprosy, Malaria eradication & control project.*
- *To organize health camps for eye surgery & blindness control programme in association with like-minded organizations and their sister concerns in the field.*
- *To work towards the restoration and promotion of cultural heritage of Bihar.*
- *To establish micro financing institutions for providing economic and social support to the poorer section of the society.*
- *To promote skill education training programme*

# OUR TEAM



*Grameen Sneh Foundation has been successfully attaining its benchmarks with a strong, large and diligent team working round the clock to keep heads turning. Team GSF is a vivacious mix of young professionals who are not only the best in their respective areas of expertise but are also dedicated to the noble dictum of the organization. Experts from the field of Medicine, Academics, Public Relations, Marketing, Human Resource and others being led under the expert guidance of Ms. Sneha Routray & Mr. Ganga Kumar has been continuously achieving milestones for GSF and are the direct enablers of the very idea of bringing about a distinct change in the socio-cultural scenario.*

*We welcome you to Grameen Sneh Foundation.!*

## **HEADQUARTER**

*Sneha Routray - President*

*Setu Kumari - Vice President*

*Ganga Kumar - Secretary*

*Dinesh Purbey - Treasurer*

*Abinash Routray - Technical Head*

*Sh. Pankaj KP Shreyaskar - Spokesperson*

*Inamul Haq Rafiqi - Chief Executive Officer*

## **PATRON**

*Padmashree Dr. J.K. Singh*

*(Bihar Chapter)*

*Dr. Meenu Walia*

*(Delhi - NCR Chapter)*

*Dr. G.K. Rath*

*(Odisha Chapter)*

## **MAHARASHTRA CHAPTER**

*Abhishek Mali - Secretary*

*Tarachand Kalwani - Convener*

## **DELHI - NCR CHAPTER**

*Prabhakar Vishnu - Secretary*

*Dr. Mohit Sharma - Co-ordinator (Health & wellness Centre)*

## **ODISHA CHAPTER**

*Arun Kumar Routray - Secretary*

*Sumitra Sinha - Treasurer*

## **BIHAR CHAPTER**

*Divya Prakash - Secretary*

*Dhanmenti Devi - Convenor*

*Vikash Sakar - Treasurer*

*Vinod Choudhary - Spokesperson*

*Rais Ul Haq Rafiqi - Project Manager*

*Faroghe Azzam - Co-ordinator (Bihar; Ek Virasat Kala & Film Mahotsav)*

## **EUROPE CHAPTER**

*Amit Kumar Pandey - Convenor*

## **GULF COUNCIL CO-OPERATION CHAPTER**

*Md. Obaidur Rahman - Convenor*

## **JAMMU & KASHMIR CHAPTER**

*Rumi Gull - Secretary*

**BEV ORGANISING COMMITTEE CHAIRMAN- Padmavibhushan Dr. Sonal Mansingh, Hon'ble MP, RS.**

# CANCER FACTS



- *Cancers are a large family of diseases that involve abnormal cell growth with the potential to invade or spread to other parts of the body. They form a subset of neoplasms. A neoplasm or tumor is a group of cells that have undergone unregulated growth, and will often form a mass or lump, but may be distributed diffusely.*
- *The progression from normal cells to cells that can form a discernible mass to outright cancer involves multiple steps known as malignant progression.*
- *Cancer also known as a malignant tumor or malignant neoplasm, is a group of diseases involving abnormal cell growth with the potential to invade or spread to other parts of the body. Not all tumors are cancerous; benign tumors do not spread to other parts of the body. Possible signs and symptoms include: a new lump, abnormal bleeding, a prolonged cough, unexplained weight loss, and a change in bowel movements among others. While these symptoms may indicate cancer, they may also occur due to other issues. There are over 100 different known cancers that affect humans.*
- *Cancer has become a vital concern in society; the mortality rate due to cancer is astonishing in India which amounts the need of raising the alarm. Total cancer cases are likely to go up from 979,786 cases in the year 2010 to 15,00,000 cases in the year 2020. The tobacco-related cancers for males are estimated to go up from 190,244 in the year 2010 to 225,241 in the year 2020. In India, more than 70% cancer is preventable and more than 80% cancers are curable if detected early. More than 80% of cases are detected in stage 3 and 4 with a survival of only 20%. In late stages, doctors have not much to do except palliation of symptoms. To make people present early to hospital is only way out to drive for a better future to prevent from cancer in India. In such situation, cancer awareness programmes using Cancer awareness camp and cancer mobile applications can bring revolutionary change.*
- *Tobacco use is the cause of about 22% of cancer deaths. Another 10% is due to obesity, a poor diet, lack of physical activity, and consumption of ethanol (alcohol). Other factors include certain infections, exposure to ionizing radiation, and environmental pollutants.....*

# CANCER FACTS



*In the developing world nearly 20% of cancers are due to infections such as hepatitis B, hepatitis C, and human papillomavirus. These factors act, at least partly, by changing the genes of a cell. Typically many such genetic changes are required before cancer develops. Approximately 5–10% of cancers are due to genetic defects inherited from a person's parents.*

- The great majority of cancers, some 90–95% of cases, are due to environmental factors. The remaining 5–10% are due to inherited genetics. Environmental, as used by cancer researchers, means any cause that is not inherited genetically, such as lifestyle, economic and behavioral factors, and not merely pollution. Common environmental factors that contribute to cancer death include tobacco (25–30%), diet and obesity (30–35%), infections (15–20%), radiation (both ionizing and non-ionizing, up to 10%), stress, lack of physical activity, and environmental pollutants.*
- Greater than 30% of cancer deaths could be prevented by avoiding risk factors including: tobacco, overweight / obesity, an insufficient diet, physical inactivity, alcohol, sexually transmitted infections, and air pollution.*
- In some cases, medical specialty professional organizations recommend that people and physicians respond to cancer only with palliative care and not with cure-directed therapy. This includes:*
  - people with low performance status, corresponding with limited ability to care for themselves*
  - people who received no benefit from prior evidence-based treatments*
  - people who are not eligible to participate in any appropriate clinical trial*
  - people for whom the physician sees no strong evidence that treatment would be effective*
- Palliative care is often confused with hospice and therefore only involved when people approach end of life. Like hospice care, palliative care attempts to help the person cope with the immediate needs and to increase the person's comfort. Unlike hospice care, palliative care does not require people to stop treatment aimed at prolonging their lives or curing the cancer.*

# OUR GOALS



## **Short Term**

- *Organizing Health detection camps at rural areas of all 8 states i.e. Bihar, Odisha, Uttar Pradesh, Jharkhand, West Bengal, Jammu & Kashmir, Maharashtra and Delhi.*
- *Awareness Campaign in all 8 states i.e. Bihar, Odisha, Jharkhand, Uttar Pradesh, West Bengal, Jammu & Kashmir, Maharashtra and Delhi.*
- *Organizing Hausla - Fight against Cancer is an annual cultural shows (fashion, dance, play etc) organized with cancer survivors from all over India intending to emphasize the power of confidence and the courage to survive cancer at all stages.*
- *Door to door awareness campaign in rural area through household visit, print & electronic media, cancer related mobile app, public announcement and road show etc*
- *Organizing various conferences on the issue alternative approaches to make our life healthier i.e. Health & Wellness Festival*
- *Better utilization of Sneh Mobile app on cancer which help in knowing all important aspects of cancer and also fulfill the related other queries.*

## **Mid Term**

- *Continuous advocating with the all-state Governors, Chief Ministers, Education Ministers and top bureaucrats to adding chapter on Cancer awareness in the syllabus of 8-12 classes. Also to develop 3-4 pages materials for chapter.*
- *Cancer Detection Services such as State of the art Mobile Vans/ Cancer Detection Camps & Regular Cancer Detection Camps in Bihar, Odisha and Delhi NCR*
- *Establishing Sneh Health & wellness centre and Hospital (Already started in Ghaziabad, (Delhi/NCR) and Durgapur (West Bengal); and proposed to start in Kishanganj (Bihar), Bhubaneswar (Odisha), Ranchi (Jharkhand).*
- *Establishing well-equipped cancer awareness, early detection and counseling centre in Bihar, Odisha. Thereafter, it shall be implemented in other states also. The cancer detection centre help us in serve the rural population as well as urban.*
- *Establishing Pathological and diagnostic centre.*
- *A systematic route plan develop for the movement of mobile vans to detect the cancer patient in rural areas.*
- *One time mass level screening of the women who bearing age from 25 to 60 years in rural areas of Bihar and other States will be carried out.*

## **Long Term**

- *Establishing state of the art state diagnostic and Cancer curative centre, which help cancer-suffering patients to get all type of qualitative treatments, without any payment (Cashless). It's may be operative through insurance policy or any other approaches which decided later.*
- *To convert such work in people's movement.*

# STRATEGIC

## PRIORITIES



### **Prevention**

*Our prevention programmes strive to reduce the incidence of cancers attributable to tobacco, UV radiation, alcohol, obesity and infection, particularly in high-risk populations. We do this by:*

- *Advocating for evidence-based policy reform*
- *Educating the community about reducing cancer risk and cancer prevention.*
- *Increasing cancer awareness programme*
- *Gathering evidence on the health and economic benefits of cancer prevention.*

### **Support**

*Our support programmes strive to reduce the impact of cancer by providing reliable information and compassionate support to people living with cancer, their family and friends.*

*We do this by:*

- *Providing free telephonic and Internet support services staffed by trained person.*
- *Providing practical information about coping with cancer.*
- *Training people across Bihar/ India to deliver support groups for patients; survivors and families.*
- *Providing practical support to reduce the burden of cancer.*
- *Advocating for improvements in treatment and support.*
- *Educating people about how to best support people living with cancer.*

### **Research**

*Our research programs underpin all of our work in cancer prevention, support and generate the knowledge required to continue to drive improvements in cancer survival. We wish to do this by:*

- *Conducting epidemiological research to provide greater insight on cancer, lifestyle and genetics.*
- *Conducting behavioural research to drive improvements in cancer management and prevention.*
- *Providing relevant, timely and accessible data.*

# CONTRIBUTION

## FOR CANCER PATIENTS



*GSF is also providing financial support to cancer patient. In future, GSF plans to more support financially to women & children belonging to weak section of the Society. In the current FY 2019-20, GSF expensed related to treatment, food and medicine of the following patients:-*

S.No	Name of Selected Patient & Age in Years (approx.)	Reg. No of Hospital	Hospital in which Treatment is going on	Amount Sanctioned
1	Prasenjit Mandal   23 Years	S/19/3918	Chittaranjan National Cancer Institute, Kolkata	1 Lakh
2	Arup Pramanik   21 Years	S/19/8722		50,000
3	Apurba Banik   37 Years	S/19/578		50,000
4	Sneha Kumari   12 Years	H/19/8911		1 Lakh
5	Bimal Shaw   38 Years	E/19/5033		50,000
6	Samirul Islam   10 Years	201907693	Saroj Gupta Cancer Centre and Research Institute, Kolkata	1 Lakh
7	Debarata Jana   10 Years	201908002		50,000
8	Priyanshu Purakrit   10 Years	201707840		1 Lakh
9	Jaydev Ghosh	N.A	Subhas Chandra Bose Cancer Hospital, Kolkata	50,000
10	Ayushi Singh	N.A		1 Lakh



# ART & CULTURE



Grameen Sneh Foundation is also engaged in promoting cultural legacy of Bihar using various modes: Digital Media, website, workshops, and essay, painting and folk dance competition under the banner of Bihar; Ek Virasat ([www.biharekvirasat.com](http://www.biharekvirasat.com)). Grameen Sneh Foundation is also working in collaboration with other cultural institutions.

GSF organises Bihar; Ek Virasat Essay, Painting, & Folk dance competition throughout the year in 9 commissionerates of Bihar for the last 5 years. The theme of Bihar; Ek Virasat Essay, Painting, & Folk dance competition is to promote and spread awareness about the rich historical and cultural heritage of Bihar amongst children and women.

Apart from this, GSF has also organised Bihar; Ek Virasat Kala & Film Mahotsav- 2016 in the year 2016, with the objective to promote the cultural heritage of Bihar and regional & Hindi film promotion. In this festival, more than 2000 people from film fraternity, colleges, institutions, representative from Government, NGO, art and culture, etc. had participated in this Mahotsav. On this auspicious day Shri Iqbal Ahmed Ansari, Hon'ble Chief Justice of Patna High Court; Shri Shivchandra Ram, Hon'ble Minister, Art, Culture and Youth Affairs, Govt of Bihar; and many more have participated and made this programme successful and visible. Apart from above, several senior bureaucrat of Bihar also graced the occasion.

In the year 2017, in the Bodhisattva International Film Festival, more than 5,000 people from film fraternity, colleges, institutions, representative from Government, NFDC, Satyajeet Rai Film Institute, Kolkata; FTII, Pune; DFF, Govt of India; NGO, art and culture, etc. had participated in this festival. On this auspicious day, H.E. Shri Ram Nath Kovind, Hon'ble Governor of Bihar (currently President of India), Shri Shivchandra Ram, Hon'ble Minister, Art, Culture and Youth Affairs, Govt of Bihar; Shri Vineet Kumar, participants from more than 20 countries and many more had participated and made this programme successful and visible.

In the year 2018, GSF also organised Bihar; Ek Virasat Kala & Film Mahotsav 2018 a Mega Competition of Essay, Painting and Folk dance in Bapu Sabhagar Bhawan, International convention centre, Patna. This programme was held in all 9 commissionerates of Bihar, where in students from different schools participated. Apart from this, Grand finale of new campaign i.e. UTSAH 2018 was also done, in which 11 fusion music band team from different parts of Bihar participated. In this fusion music competition, lyrics and composition was restricted for 5 local Bihari dialect i.e. Bhojpuri, Maithili, Magahi, Angika and Bajjika only. The objective of this programme was to inspire and encourage such talents who weave their musical world in Magahi, Maithili, Bhojpuri, Bajjika and Angika. Bihar; Ek Virasat Music Album was also launched. Several short and documentaries films highlighting Indian culture and tradition were also shown for the audience.

In the year 2019, GSF has organised Bihar; Ek Virasat Kala & Film Mahotsav 2019 where more than 20,000 people from film fraternity, colleges, institutions, representative from Government, NGO, art and culture, etc. has participated in this Mahotsav. On this auspicious day several eminent guest such as Padma Vibhushan Dr. Sonal Mansingh; Shri Irshad Kamil and many more has participated and made this programme successful and visible. Apart from above, several senior bureaucrat of Bihar such as Shri Chanchal Kumar, Pr. Secretary to Hon'ble CM, Bihar etc also graced the occasion.

## **SKILL DEVELOPMENT**

One of the major activities of GSF is to promote skill development amongst youths in rural areas of Bihar, Odisha, Jharkhand and UP. In order to achieve this, GSF in association with other organisation such as PMKVY, NYKS and other others is working in this field for last 4 years. GSF, Odisha chapter, in association with PMKVY organised several batches of skill development training programme in the year 2015 - 2019. During 2017, 10 batch comprising 281 students were enrolled in Electronic system design and manufacturing sector. Out of this, 204 passed in the exam and several of them got jobs, and are working in this field efficiently and effectively. During 2018, 4 batch comprising 110 students were enrolled in Bihar / Odisha and 98 passed in the exam also. In the year 2020, we are starting skill related activities through DDUGKY, Ministry of Rural Development, Govt of India.

# FUNDRAISING



*Grameen Sneh Foundation generates revenue through the creation of positive opportunities for community involvement via a range of ethical, innovative and cost-effective fundraising programmes and initiatives.*

*Govt. of India has given FCRA certification to GSF for financial contribution from international organisation also. The contribution to GSF shall have tax benefit under section 80G and to 12A of income Tax Act 1961, Govt. of India.*

## **Strategic Plan**

*Our nation-wise Strategic Plan 2020-21 is bold and ambitious. With the full engagement of Indians, donors, volunteers and staff, the society will enable Indians to deter, defeat and defy cancers and contribute to the :*

- Reduction of cancer incidence rates for Indians.*
- Reduction of cancer mortality rates for Indians.*
- Enhancement of quality for Indians living with and beyond cancer.*
- To do research/awareness programmes to better prevent cancers.*
- To influence public policy for quality cancer care every where in India.*
- To focus support programme on the greatest needs of patients and caregivers.*
- To engage more Indians in the fight against cancer.*
- We are conducting cancer awareness campaign and health camp in various part of India. We want to cover all districts in PAN India in a step wise manner by arranging campaign at various places with special focus to cover in rural areas. GSF is planning to make some indicators, which may useful to track the impact of the changes.*
- We design our awareness programme according to need and socio economic status of the area. We have different strategy based on need and demand of i.e. based on research before the campaign. We keep on our strategy based on recent development and it help us to make our campaign more interactive and informative. Interactive session is special attraction and number of questions asked tell us understanding and curiosity and off course necessity and impact of this kind of programme.*

# SNEH APP



SNEH APP LAUNCHED BY MANISHA KOIRALA



*Eminent Bollywood Actress and social Activist Ms. Manisha Koirala has launched Sneh Apps in the year 2015, for the welfare of cancer patients. This app was well appreciated by her and eminent doctors in the field & oncology. This app has helped several activist, social entrepreneur Cancer survivor and Doctors.*

*Sneh is a user friendly mobile application that will act as an interface for connecting cancer patients to doctors across India. It will Facilitate the people in various ways like getting them aware of the symptoms, know abouts of the ailment, interacting with the doctors and consulting with them from right within their homes.*

*This app is powered by our organization Grameen Sneh Foundation, an NGO working in various fields with Health as its primary concern. It pertains to campaign towards fight against cancer.*

*This app can be downloaded from Google Play Store and our website [www.grameensnehfoundation.org](http://www.grameensnehfoundation.org)*

## **NATIONAL HELP LINE**

*Our National Toll Free Cancer Help line Number was launched on 10th October 2015 in New Delhi*

**1800-3456-265**

# OUR CAMP

## CANCER DETECTION



Grameen Sneh Foundation and Sneh path lab and diagnostic centre organized free health checkup, Cancer screening and awareness camp on 07 July, 2019; Sunday at Johripur Delhi-94. In this camp, Oncologists and specialist doctors awared people about different ways to prevent cancer. In this camp, GSF provided many tests free checkups like Blood Sugar, Blood group and factor, B.P., along with Oncologists and Physiotherapy consultation and ways to prevent cancer were given to kids, women, senior citizen, and poor people and also free medicines were provided to the patients. In this camp, more than 300 individuals were benefited. We are thankful to DR. RASHMI SHUKLA M.B.B.S. (Gold Medalist), DNB, Gyane Oncologist Max Hospital, PPG, Delhi , DR. S.N. MAHAPATRA, M.B.B.S., MEM (Master in Emergency Medicine), Ex Physician Apollo Hospital, Moolchand Hospital, Delhi, DR. SUSHIL, Gen. Physician, Swami Dayanand Hospital, Govt Of Delhi and Physiotherapist Dr. Mohit and all team members for executing the camp successfully and also thankful to GSF ACTIVE Volunteers.

### Cancer Detection & Awareness Camp

Johripur, Delhi

07 July, 2019



# OUR CAMP

## CANCER DETECTION



Grameen Sneh Foundation and NTPC Limited organized a free health checkup camp in which free checkup for women, children, senior citizens and vulnerable people was done and treated by DR. S.N. MAHAPATRA, M.B.B.S., MEM (Master in Emergency Medicine), Ex Physician Apollo Hospital Moolchand Hospital, DR. RASHMI SHUKLA, M.B.B.S. (Gold Medalist), DNB, Gyane Oncologist, Max Hospital, PPG, Delhi and Dr. Mohit Sharma, physiotherapist and also people were given awareness about prevention from Cancer. This one-day health check camp, in which children, women, aged, and poor people was given free test such as BP, Sugar, HBC, Platelets, TLC, Breast Cancer Screening, Booklet On Cancer Awareness, Physiotherapy, Free Doctors OPD, Free Medicine, Eye Checkup-up with Glass. Physiotherapist, gynecologists, experts advised people how to avoid cancer, In this camp more than 500 people got benefitted. In this camp many people participated and also by people suffering from cancer.

In this camp, Sneh Routray, President, Grameen Sneh Foundation, said that the only attempt is to eliminate the horrible disease like cancer and to check from time to time, if cancer becomes the first stage, then it is automatically checked. She also said that I was suffering from this disease, but after treatment it got cured.

**Cancer Detection  
&  
Awareness Camp**

**Diagnostic Centre,  
Vasundhara, Ghaziabad**

**28 July, 2019**



# OUR CAMP

## CANCER DETECTION



*Grameen Sneh Foundation organised Cancer awareness programme with the motive to aware and reach maximum number of people. In this camp, 165 people participated and got benefitted.*

*Cancer Awareness camp*

*Village:-Bhatgaon, Thokapura,  
Bada basmuni,  
Basir nagar collage more,  
Hathidubba(Thakurganj,  
Kishanganj, Bihar)*

*26-31 October, 19*



# OUR CAMP

## CANCER DETECTION



*Grameen Sneh Foundation organised Cancer awareness programme with the motive to aware and reach maximum number of people. In this camp, 93 people participated and got benefitted.*

*Cancer Awareness camp*

*Village:-Dangujot, Bairagijot,  
Singiajot (Khoribari,  
Darjeeling, West Bengal)*

*09-10 November, 2019*



# OUR CAMP

## CANCER DETECTION



*Grameen Sneh Foundation organised Cancer awareness programme with the motive to aware and reach maximum number of people. In this camp, 449 people participated and got benefitted.*

**Cancer Awareness camp**

***Village:-Galgalia (Sahni Tola),  
Kalikadanga, Nemligudi,  
Thokapura (Rangavita),  
Galgalia High School,  
Rangavita Middle School,  
Kalikadanga Ward no. 10,  
Gulshanvita, Modti,  
Churli High School (Thakurganj,  
Kishanganj, Bihar)***

**11-24 November, 2019**





# OUR CAMP

## CANCER DETECTION



GSF organised in-house workshop to aware about the activities and also donated more than 50 box to keep their belongings for kids and students of Balashram Inmates, Jajpur, Odisha.

Donation camp to  
Utkal Balashram Inmates

Jajpur, Odisha

22 December, 2019



# OUR CAMP

## CANCER DETECTION



*Grameen Sneh Foundation organised Cancer awareness programme with the motive to aware and reach maximum number of people. In this camp 425 people participated and got benefitted.*

**Cancer Awareness camp**

**Dhangibadi,  
Thakurganj High School,  
Thakurganj Overbridge  
(Kishanganj, Bihar);  
Thakurganj Market,  
Bengal Khoribari,  
Bengal Guru Dayal Jhot,  
(Darjeeling, WB)**

**01-27 December, 2019**



# INITIATIVES

## CYCLOTHON 2019



*Grameen Sneh Foundation organised promotional event relating to Cyclothon Delhi 2019 held on 10th Feb 19, in which more than 100 delegates participated. While addressing, Dr Meenu Walia and Sneha Routray emphasized the quarterly meet for promotive and preventive steps with special focus on immunotherapy and integrative medicine for cancer warriors. It was widely applauded by warriors to meet regularly and share inters personal issues. At the end, everyone wanted to actively participate in Cyclothon 2019.*

*Promotional event relating to upcoming Cyclothon Delhi 2019*

*Vaishali, Ghaziabad*

*13 January, 2019*



# INITIATIVES

## CYCLOTHON 2019



*Grameen Sneh Foundation organised "Cyclothon Delhi 2019-Fight against Cancer" on 10 February, 2019 (Sunday) from 6:00am to 11:00am from Yamuna Sports Complex to Rajghat, Delhi. To spread cancer awareness campaign under the aegis of breast cancer, lung cancer, cervical cancer and mouth cancer with the central idea of eliminating this disease through early detection and awareness campaign.*

*In this Cyclothon, more than 500 Cyclists came from different location of India, 200 cancer warriors, 200 NCC cadets, 50 Vivekanand College cyclist and volunteers, 25 cyclists of Max Healthcare, and senior IAS/IPS officers have participated. Flag hoisting ceremony was done by Shri Pravin Srivastava, Secretary, MoS&PI, GoI and participated by Various Dignitaries from different fields Including bureaucrats, Doctors & Journalist, Students of different School/Colleges, Bharat Scout & Guide. Along with female participants cancer survivors.*

**Cyclothon Delhi 2019**

**Yamuna Sports To Raj Ghat,  
Delhi**

**10 February, 2019**



# INITIATIVES

## CYCLOTHON 2019



*This Programme was also attended Padamshree Awardee Shri Kailash Kher, Shri Gaurav Sawant, Executive Editor, Aaj Tak, Delhi, Shri Sanjay Singh, Spl. Commissioner, Delhi Police, Brig. R.R. Sharma, DDG, NCC, Ms Rashmi Singh, Secretary, NDMC, Delhi, Dr. Meenu Walia, Director, Medical Oncology, Max Hospital PPG and many more eminent personalities of Delhi.*

*Apart from this, there were two Rides, 3 KM – Hausla ride for cancer survivors and 11 KM Champions ride. Cyclothon was organised 2st time in Delhi, in such level of height, through which more than 1 lakh people were benefitted, enroute from Yamuna Sports Complex to Rajghat, Delhi.*

**Cyclothon Delhi 2019**

**Yamuna Sports To Raj Ghat,  
Delhi**

**10 February, 2019**



# INITIATIVES

## HAUSLA CANCER SUPPORT MEET



*Hausla Cancer Support Meet was held on 17 April, 2019. As we know, the agenda has been created in the first meeting that there would be a "Hausla Cancer Support Meet-up" in every 2 months. So this meeting happened on 17-04-2019 (Wednesday). In this event DR . SANDHYA, Founder of The Soul Reviver provided Access bar therapy to cancer fighters, in which more than 100 delegates participated. Some new and other members also joined this and they got benefited. It was widely applauded by warriors to meet regularly and share inters personal issues. At the end, everyone wanted to actively participate in next Hausla Support Meet.*

*Hausla Cancer Support Meet  
GSF Office, Vaishali, Ghaziabad*

*17 April, 2019*



# INITIATIVES

## E – SYMPOSIUM



### **E – SYMPOSIUM 2019 on Cancer Awareness , Prevention & Palliative Care**

Grameen Sneh Foundation organized E-Symposium on Cancer Awareness and Prevention 2019 to facilitate maximum awareness to the masses about Cancer and its know abouts ,its ill effects and measures to prevent from it /Fight against it.

The Date on which E Symposium was held in 2019:

#### **26th Aug - 1st Sept 2019**

This E –Symposium was effective as it facilitated maximum people and subscribers from across different countries consulted with doctors through chat in Symposium and was carried for 3 days along

Chats Done - 547

No. of people Awared – 33.8k (approx.)

Countries Targeted - India, USA,UK

#### **E-Symposium 2019 Key Takeaways :**

- 1) Interaction between People and Doctors at an ease, Asking Questions and Several queries related to the disease became easy at a click.
- 2) People /Survivors shared their Motivational Stories which resulted as a source of inspiration for others.
- 3) News Letter and E-Journals were sent to the subscribed members and the people who participated in the symposium.
- 4) Discussion Forums and Chat feature with 24\* 7 facility to know any information from top oncologists associated with GSF & other team of doctors guide, counsel & answered the queries of the users.
- 5) E Symposium interaction was done in English as well as Hindi i.e Posts and Journals were provided in either languages for the ease of the people.
- 6) Fun activities so as to online competition , Quiz contest based on Cancer related /Health related questionnaire took place which involved interaction of huge number of peoples.

#### **QUICK POINTS**

##### **NewsLetter/E –Journals**

Sending News Letter and E Journals to the subscribers of

- 1) Know abouts of Cancer
- 2) Means to prevent it
- 3) Diagnosis Related
- 4) Food Habits
- 5) Beauty Tips
- 6) Do's and Don't's
- 7) Survivor's Story Motivational etc.



# INITIATIVES

## E – SYMPOSIUM



### People Associated to E-Symposium :

- Health Experts
- Oncologists
- Cancer Survivor's/Cancer patients
- Subscribers (People) Users throughout the globe

### Advantage of E-Symposium:

- Maximum awareness
- Serious Subscribers
- Newsletter/E Journal Sharing so increasing Knowledge
- Data Bank Collection
- Wider means effective mode for awareness

### IN REVIEW : E- Symposium on Cancer Awareness & Prevention 2019

(Few Posts Knowledge Facts Shared)

#### MYTH vs FACT

**MYTH**

- 1. Cancer is a single disease.
- 2. Cancer is always fatal.
- 3. Cancer is contagious.
- 4. Cancer is always painless.
- 5. Cancer is always a lump.
- 6. Cancer is always a swelling.
- 7. Cancer is always a sore.
- 8. Cancer is always a wart.
- 9. Cancer is always a mole.
- 10. Cancer is always a skin disease.

**FACT**

- 1. Cancer is a group of diseases.
- 2. Cancer is not always fatal.
- 3. Cancer is not contagious.
- 4. Cancer is not always painless.
- 5. Cancer is not always a lump.
- 6. Cancer is not always a swelling.
- 7. Cancer is not always a sore.
- 8. Cancer is not always a wart.
- 9. Cancer is not always a mole.
- 10. Cancer is not always a skin disease.

#### AVOID TOO MUCH SUN

Skin cancer is the most common cancer.  
Be SunSmart: protect your skin when outdoors (sunscreen is not enough) and avoid sunbeds.

#### POLLUTANTS

Protect yourself in your workplace and follow health and safety instructions.

#### ADVICE FOR WOMEN

Breastfeeding is proven to reduce the risk of cancer.  
HRT is a hormonal drug for menopausal symptoms which increase risk of certain cancers. Limit HRT.

#### GET VACCINATIONS

Some cancers are spread by viruses and bacteria.  
Encourage your children take part in vaccination programmes for Hepatitis B (for newborns) and Human papillomavirus (HPV) (for girls over 12 years).

#### DO NOT SMOKE

One in three of all cancers is related to smoking. Cut out the cigarettes and cut your cancer risk.

#### GET SCREENED FOR CANCER

Screening is checking for cancer or conditions that may lead to cancer in people that may have no symptoms. Take part in organised cancer screening programmes for bowel cancer (men and women, breast cancer (women) and cervical cancer (women).

#### AVOID ALCOHOL

Drinking alcohol can cause at least seven types of cancer. Cutting back - or even better - avoiding alcohol altogether will reduce your risk.



# INITIATIVES

## E – SYMPOSIUM



### Q/A Done on Social Media

**QUES :** When doctors take a small sample of cells from a patient to look at under a microscope, this is called:

Pick from one of the following options

- A. A Biopsy
- B. A Surgery
- C. An endoscopy
- D. An Autopsy

**Ques:** The spreading of cancer across the body is called \_\_\_\_\_???

Pick from one of the following options

- A. Metastasis
- B. Osmosis
- C. Homeostasis

Such questions were answered by viewers creating a buzz and information sharing was done

**FEW QUESTIONS THAT WERE ASKED BY THE USERS ALONG WITH THEIR LOCATION AND ANSWERED BY OUR DOCTORS**

### Ques By Radhika

Is there any specific type of cancer that comes back or every type of cancer comes back?

### Ques By Kim

What are the chances that chemo will work? Is it for sure to reduce the affect or cure

### Ques By Himesh

Is there any facility or grant available for cancer patients by government?

### Ques By Deepak

I want to know is there pros and cons of several treatments available depending on the body type or so

### Ques By Jimmy

Is fainting and weakness usually the sign of brain cancer or so ??? How often it can be or what are the chances?

### Ques By Hillary, UK

What are the causes of ovarian cancer? How is it different from Cervical Cancer in terms of its cause?

### Ques By Mihir, Bangalore

Can cancer carry hereditary, what are the chance that it get often



**COVER UP : E-SYMPOSIUM"19**

# INITIATIVES

IEEE ROMAN 2019



Grameen Sneh Foundation participated as cultural partner in 28th IEEE International Conference on Robot and Human Interactive Communication – RO-MAN 2019, held in Hotel Le Meridian, New Delhi, India, from October 14-17, 2019 (<https://ro-man2019.org/>).

This conference was a leading forum where state-of-the-art innovative results, the latest developments as well as future perspectives relating to robot and human interactive communication are presented and discussed. With the very relevant and timely theme of “Responsible Robotics and AI for the Real World”, this conference aims was to bridge “Robotically Emerging” countries like India with International community at larger scale, provide equal opportunity not only to witness but to contribute in the most advance R&D and create the much bigger ecosystem of responsible research in Robotics and AI for societal needs.

Such a conference is held for the first time in the Indian subcontinent, where delegates from more than 30+ countries are expected to participate. One of the most advanced and the most famous Humanoid Robot “SOPHIA” has also exhibited in the event.

This conference is jointly co-organised by the Robotics Society of Japan (RSJ) and Korea Robotics Society (KROS), and Federation of Indian Chambers of Commerce and Industries (FICCI), the Robotics Society of India (RSI) as local partners in India.

**IEEE RoMAN 2019 Robotic  
Conference**

**Hotel Le Meridian, Delhi**

**14-17 October, 2019**



# INITIATIVES

## HAUSLA CANCER SUPPORT MEET



GSF organises Hausla Cancer Support Meet, once in every 2 months,. This time, GSF organised Hausla Cancer Support Meet-Up in which cancer patients and doctors can interact, ask questions related to cancer, they can share inspirational story, journey of cancer life

In this support meet-up, Dr. Meenu Walia (Max Hospital Delhi and Patron – GSF, Delhi-NCR Chapter), Dr. Chitra Setia (Senior Obstetrics and Gynecologist Noida), Dr. Aditi Aggarwal (Assistant Professor, Radiation Oncology, AIIMS Delhi), MD, Incredible Heights and our volunteers were present.

Dr. Meenu Walia provided post counselling necessity to cancer fighters, in which more than 100 delegates participated. Some new and other members also joined this and they got benefited. It was widely applauded by warriors to meet regularly and share personal issues. At the end, Ms. Sneha Routray, President, GSF requested everyone to actively participate in all future Hausla Support Meet.

**Hausla cancer Support Group  
Meet**

**Atulya Heights, Vaishali,  
Ghaziabad, UP**

**25 December, 2019**



# INITIATIVES

## FUND RAISING SHOW FOR CANCER PATIENTS

GSF organised Fund Raising Show for Cancer patients by Padmashree Awardee Kailash Kher. In this programme, more than 1500 persons participated. Out of requisite generated amount, 50% of total net saving i.e. Rs.7.5 lakh were distributed for 10 cancer patients for treatment, medicine and food. Rest 50% net savings are being utilised for cancer awareness campaign in West Bengal and Bihar. Following patients from West Bengal supported financially:-

- (1) Prasenjit Mandal (23 Years), Chitranjan National Cancer Institute, Kolkata
- (2) Arup Pramanik (21 Years), Chitranjan National Cancer Institute, Kolkata
- (3) Apurba Banik (37 Years), Chitranjan National Cancer Institute, Kolkata
- (4) Sneha Kumari, (12 Years), Chitranjan National Cancer Institute, Kolkata
- (5) Bimal Shaw (38 Years), Chitranjan National Cancer Institute, Kolkata
- (6) Samirul Islam (10 Years), Saroj Gupta Cancer Centre and Research Institute Kolkata
- (7) Debarata Jana (10 Years), Saroj Gupta Cancer Centre and Research Institute Kolkata
- (8) Priyanshu Purakrit (10 Years), Saroj Gupta Cancer Centre and Research Institute Kolkata
- (9) Jaydev Ghosh, Subhash Chandra Bose Cancer Hospital, Kolkata
- (10) Ayushi Singh, Subhash Chandra Bose Cancer Hospital, Kolkata

**Fund Raising Show For Cancer Patients by Kailash kher**

**P.C. Chandra Garden, Kolkata, WB**

**29 December, 2019**



# INITIATIVES

## FUND RAISING SHOW FOR CANCER PATIENTS



# INITIATIVES

BIHAR; EK VIRASAT



*GSF organised BEV mega essay, painting and folk dance competition and cancer awareness programme for schools located in Munger Commisionaries, where more than 400 students Participated.*

*Munger Commissionary*

*Munger, Bihar*

*08 September, 2019*



# INITIATIVES

BIHAR; EK VIRASAT



*GSF organised BEV mega essay, painting and folk dance competition and cancer awareness programme for schools located in Bhagalpur Commissionery, where more than 500 students Participated.*

*Bhagalpur commissionary*

*Open minds Birla School,  
Bhagalpur*

*14 September, 2019*



# INITIATIVES

BIHAR; EK VIRASAT



GSF organised BEV mega essay, painting and folk dance competition and cancer awareness programme for schools located in Purnea Commisionary, where more than 350 students Participated.

*Purnea Commissionary*

*Hotel Rudra Residency, Purnea*

*15 September, 2019*





# INITIATIVES

BIHAR; EK VIRASAT



GSF organised BEV mega essay, painting and folk dance competition and cancer awareness programme for schools located in Koshi Commissionary, where more than 450 students Participated.

*Koshi Commissionary*

*Jila Girls High School, Saharsa*

*21 September, 2019*



# INITIATIVES

BIHAR; EK VIRASAT



*GSF organised BEV mega essay, painting and folk dance competition and cancer awareness programme for schools located in Darbhanga Commissionary, where more than 350 students Participated.*

*Darbhanga Commissionary*

*Shyam Mandir Campus, New  
Satsang Bhawan Hall,  
Darbhanga*

*28 September, 2019*



# INITIATIVES

BIHAR; EK VIRASAT



*GSF organised BEV mega essay, painting and folk dance competition and cancer awareness programme for schools located in Tirhut Commissionary, where more than 450 students Participated.*

*Tirhut Commissionary*

*Jila School Muzaffarpur*

*29 September, 2019*



# INITIATIVES

BIHAR; EK VIRASAT



*GSF organised BEV mega essay, painting and folk dance competition and cancer awareness programme for schools located in Saran Commissionary, where more than 450 students Participated.*

*Saran Commissionary*

*Brijkishor Kinders Garten  
School Chhapra*

*16 October, 2019*



# INITIATIVES

BIHAR; EK VIRASAT

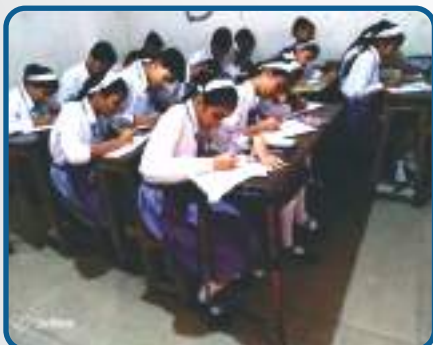


*GSF organised BEV mega essay, painting and folk dance competition and cancer awareness programme for schools located in Patna Commisionary, where more than 550 students Participated.*

*Patna Commissionary*

*Prem Chand Rangala, Patna*

*18 October, 2019*



# INITIATIVES

## BIHAR; EK VIRASAT



Grameen Sneh Foundation organized a two (02) day Kala and Film Mahotsav 2019 under the aegis of Bihar Ek Virasat in Prem Chand Rangshala Rajinder Nagar Patna Bihar on 19th and 20th October 2019. The two day Kala and Film Mahotsav started on 19th October, 2019 at 10:00 am with the formal registration of participants and concluded on 20th October, 2019 at 05:00 pm.

The first day of the programme commenced with UTSAH – Bihar Folk Music Competition, wherein Musical groups and bands from various districts of Bihar showcased their talent by presenting live performance of their original composition in languages and colloquial of Bihar. This was followed by an Interactive Talk show on cultural ethos of Human Civilization with the two known personalities viz. Padma Vibhushan Dr. Sonal Mansingh and Filmfare and IIFA awardee Bollywood lyricist Shri Irshad Kamal. The programme was concluded by the launch of a folk band of Smt. Rekha Jha. The band presented a vibrant and lively cultural performance thoroughly enjoyed by the audience.

**Bihar; Ek Virasat Kala & Film  
Mahotsav 2019**

**Prem Chand Rangshala, Patna**

**19-20 October, 2019**



# INITIATIVES

## BIHAR; EK VIRASAT



The Chief Guest Padma Vibhushan Dr. Sonal Mansingh, in her address appreciated the role being played by Grameen Sneh Foundation in different fields especially in the field of Art and Culture. She said that India known for its art and cultural legacy across the globe has tremendous scope and a lot work needs to be done in promotion of age old ethnic art and culture.

On the 2nd day of the event, Short and Documentary Films on Incredible India and special premiere of Bollywood movie "SUPER 30" were the main highlights of the event. An award distribution and felicitation ceremony took place for awarding THE BEST UTSAH Band; BEST Film; BEST Essay in English; BEST Essay in Hindi; BEST Painting in Senior Category; BEST Painting in Junior Category; BEST Folk Dance.

A gathering of about 1000 participants witnessed the two days event. Amongst the guest, Shri Tripurari Sharan, Shri Chanchal kumar, Padma Shri Dr. J. K. Singh, Dr. Ajit Pradhan, Dr. Shanti Jain, Shri Tripurari Sharan, Shri R.N. Das, Smt. Usha Kiran Khan, Shri Deepak Anand, Smt. Seema Tripathi, Shri Vinod Anupam and many more graced the occasion.

Bihar; Ek Virasat Kala & Film  
Mahotsav 2019

Prem Chand Rangala, Patna

19-20 October, 2019



# GSF ASSOCIATE



## PROGRAMMES

### **Oncology Carnival | Sun Vally School, Delhi 24 February, 2019**

Grameen Sneh Foundation and Associated Partner "Max hospital", Vaishali organized a carnival for celebrate the courage & victory of millions of cancer conquerors. To honor them "Hausla-Fight Against Cancer" organized fashion show. Hausla the powerful souls, Nukaad Natak and 30 lip smacking food stalls by cancer survivors, kite flying sessions, Dj embre Drum Circle, gig by 'The Suryansh Project' and many more. Thanks to Jagjit Kaur for organising choreography the fashion show Hausla the powerful soul and thanks to our Hauslites participants.



### **Dance- Sonal Scape | Kamani Auditorium, Delhi | 30 April, 2019**

CICD organised Sonal Scape powered by Grameen Sneh foundation an event to celebrate the birthday of Padma Vibhushan Dr Sonal Mansingh and promote the art and culture of our country. In this programme, eminent Actor Ms. Wahida Rahman and more then 1000 dignitaries graced the occasion.





# GSF ASSOCIATE



## PROGRAMMES

### **Rahgiri Day | Cannaught Place, Delhi | 26 May, 2019**

*HAUSLA - THE POWERFUL SOULS* an initiated by Grameen Sneh Foundation celebrated the fearlessness of Cancer Fighters with "Nidarr Hamesha Raahgiri day" at Inner Circle, Cannaught Place (CP). In this event, expert doctors shared tips to prevent cancer and motivating cancer survivors, in which more than 100 Hausalites participated.



### **Pinkathon Run | Jawaharlal Nehru Stadium, Delhi | 08 September, 2019**

*Hausla fight against cancer campaign*, initiated by Grameen Sneh Foundation has participated in Pinkathon New Delhi. We all cancer Conquers , Hausla parivaar Hausla team, Hausla members joining the largest women run to spread support women health. Thanks to everyone who join and completed 10km, 5 km and 3km run successfully and support the noble cause.



### **Airtel Delhi Half Marathon | Jawaharlal Nehru Stadium, Delhi | 20 October, 2019**

*GSF participated as Civils Society Organisation* in Airtel Delhi Half Marathon, where more than 30 cancer warriors actively involved.



# EMINENT PERSONALITIES



## ASSOCIATED/PARTICIPATED IN GSF

- *Bharat Ratna Shri Abdul kalam Azad, Former President of India*
- *H. E Shri Ram Nath Kovind, Governor of Bihar*
- *Mr. Ashwani Choube, Hon'ble Minister of state for Health and family welfare, Govt. of India*
- *Mr. Sharad Pawar, Ex-CM of Maharashtra and M.P. Rajya Sabha*
- *Padam Vibhushan Dr Sonal Mansingh, Hon'ble MP & Eminent Classical Dancer, Delhi, India*
- *Ms. Manisha Koirala, Actor cum Social Activist, Mumbai, India*
- *Mr. Shatrughan Sinha, Eminent Actor; Ex-Union Minister, Govt of India and M.P,LS*
- *Mr. Deepak Sawant, Hon'ble Health Minister, Govt of Maharashtra.*
- *Mr. Shivchandra Ram, Hon'ble Minister, Art, Culture & Youth Affairs, Govt of Bihar*
- *Mr. Ashok Chowdhury, Hon'ble Minister, Building Construction Deptt, Govt of Bihar*
- *Hon'ble Justice Mr. L. Narsimha Reddy, Ex-Chief Justice, Patna High Court*
- *Hon'ble Justice Md Iqbal Ahmad Ansari, Ex-Chief Justice, Patna High Court*
- *Hon'ble Justice Mr. Navniti Pd Singh, Chief Justice, Kerala High Court*
- *Hon'ble Justice Mr. Samrendra Pratap Singh, Patna High Court*
- *Hon'ble Justice Mr. A. K Tripathi, Patna High Court*
- *Hon'ble Justice (Retd) Mrs. Anjana Prakash, Patna High Court*
- *Hon'ble Justice Mr. Vinod Kumar Sinha, Patna High Court*
- *Dr Pavan Kumar Verma, Hon'ble MP, RS, Patna, Bihar*
- *Dr R K Sinha, Hon'ble MP, RS, Patna, Bihar*
- *Dr Harivansh, Hon'ble MP, RS, Patna, Bihar*
- *Mr. Manoj Tiwari, Hon'ble MP, LS, New Delhi*
- *Mr. Rajeev Shukla, Hon'ble MP, Delhi*
- *Mr. Manoj Tiwari, Hon'ble MP, Delhi*
- *Ms Priya Dutt, Ex-MP, LS, Mumbai*
- *Padmashree Kailash Kher, Mumbai*
- *Padmashree Usha Kiran Khan, Patna, Bihar*
- *Padmashree Dr Shanti Jain, Patna, Bihar*
- *Padmashree Dr Shanti Roy, Patna, Bihar*
- *Padmashree Dr S N Arya, Patna, Bihar*
- *Padmashree Bimal Kumar Jain, Patna, Bihar*
- *Padmashree Dr Indu Bhushan Sinha, Patna, Bihar*
- *Padmashree Sharda Sinha, Patna, Bihar*
- *Ms Preeti Sudan, IAS, Secretary(Health), Govt of India, Delhi*
- *Mr. Pravin Shrivastav, ISS, Secretary(MoSPI), Govt of India, Delhi*
- *Mr. Vikramjeet Banerjee, Addl. Solicitor General, Supreme Court of India, Delhi*
- *Mr. Anil Kumar Jha, CMD, Coal India Ltd, Govt of India, Kolkata*
- *Mr. Sushil Mohta, Chairman, Merlin Group, Kolkata*
- *Mr. Umesh Chowdhury, Chairman, Titagarh Group of Industries, Kolkata*

# EMINENT PERSONALITIES



## ASSOCIATED/PARTICIPATED IN GSF

- *Mr. Nilambuj Sharan, IES, EA, M/o Health and Family Welfare, Gol*
- *Mr. Devesh Chandra Thakur, Hon'ble MLC, Bihar*
- *Md Naushad Alam, Hon'ble MLA, Bihar*
- *Dr Shakeel Ahmad Khan, Hon'ble MLA, Bihar*
- *Padma Shree Shri Dr. HR Nagendra, Chancellor, Yoga University, Bangalore, India*
- *Mahatria Ra, Founder, Infinitheism, Bangalore, India*
- *Mr. Acharya Chandana Ji Maharaj, Founder, Veerayatan, Mumbai*
- *Mr. Achyute Samant, Founder, KITT, Bhubaneswar, Odisha*
- *Mr. Alok Kr Sinha, IAS, Chairman, BPSC, Govt of Bihar*
- *Mr. A K Chauhan, IAS, Chief Electoral Officer, Govt of Bihar*
- *Mr. Rajeev Gupta, IAS, Secretary, Govt of India*
- *Mr. Girish Shankar, IAS, Secretary, Govt of India*
- *Mr. Amarjeet Sinha, IAS, Secretary, Govt of India*
- *Mr. Bhanu Pratap Sharma, IAS, Secretary, Govt of India*
- *Mr. Rajiv Kumar, IAS, Secretary, Govt of India*
- *Mr. Sanjeeva Kumar, IAS, Additional Secretary, Govt of India*
- *Mr. Deependra Pathak, IPS, Special CP, Delhi Police*
- *Mr. Sanjay Kumar Singh, IPS, Special CP, Delhi Police*
- *Mr. Gupteshwar Pandey, IPS, DGP, Govt of Bihar*
- *Mr. Shishir Sinha, IAS, Development Commissioner, Govt of Bihar*
- *Mr. Tripurari Sharan, IAS, Chairman, Revenue Board, Govt of Bihar*
- *Mr. Atul Prasad, IAS, Commissioner, Tirhut Commissioner, Muzaffarpur*
- *Mr. R K Khandelwal, IAS, Commissioner, Darbhanga Commissioner, Darbhanga*
- *Ms. Aarti Ahuja, IAS, Principal Secretary, Health, Govt of Odisha*
- *Mr. K.B Singh, I.P.S, D.G.P, Govt of Odisha*
- *Mr. Sanjay Kumar, IAS, Principal Secretary to C.M, Govt of Jharkhand*
- *Ms. Sujata Prasad, ICAS, Additional Secretary, Ministry of Culture, Govt of India*
- *Mr. Chanchal Kumar, IAS, Principal Secretary to C.M, Govt of Bihar*
- *Mr. S.M Raju, IAS, Secretary, Govt of Bihar*
- *Mr. Sanjay Kumar Singh IAS, M.D IDCO, Govt of Odisha*
- *Mr. Tarun Seem, IRS, Director General of Health Service, NCT, Govt of Delhi*
- *Mr. Shravan Kumar, IRS, CEO, CFSI, Mumbai cum Joint Secretary, M/o Culture, Gol, Delhi.*
- *Ms. Archana Verma, IAS, Joint Secretary, DoPT, Govt of India, Delhi*
- *Mr. Gyanendra Tripathi, IAS, Joint Secretary, DoPT, Govt of India, Delhi*
- *Mr. Anant Goenka, Director, Indian Express, Mumbai, India, Delhi*
- *Ms. Kiran Chopra, Director, Punjab Keshari, Delhi, India*
- *Mr. Ravish Kumar, Eminent Reporter, NDTV, New Delhi, India*

# EMINENT PERSONALITIES



## ASSOCIATED/PARTICIPATED IN GSF

- *Mr. Manish kr Verma, IAS, Secretary to CM, Govt of Bihar*
- *Dr S Sidharth, IAS, Principal Secretary, Govt of Bihar*
- *Ms Anshuli Arya, IAS, Principal Secretary, Govt of Bihar*
- *Mr. D K Aggrawal, Vice-President, PHDCCI, Delhi*
- *Mr. Saurabh Sanyal, Secretary General, PHDCCI, Delhi*
- *Padmashree Dr Sudha Verghese, Social Activist, Patna, India*
- *Mr. Dilip Mandal, Senior Journalist and Ex-Editor, India Today, Delhi*
- *Dr Yameen Mazumdar, Ex-UNICEF Head, Patna, Bihar*
- *Mr M. Asadur Rahman, UNICEF Head, Patna, Bihar*
- *Dr Mohini Daljeet Singh, Chairman, Max India Foundation, Delhi*
- *Dr Rohini Ahluwalia, Chairperson, Ahluwalia International School, Delhi*
- *Dr Rohit Kapoor; CEO, Max Hospital, Delhi*
- *Mr. Sanjay Sinha, Executive Editor, AAJ TAK, Delhi*
- *Ms. Jai Madaan, eminent Vastu consultant, Delhi*
- *Ms. Neona Skane, Eminent fashion designer, France*
- *Ms. Blossom Kochar, Eminent beauty expert, Delhi*
- *Mr. Pawan Gupta, Additional Director Jaypee Hospital, Noida*
- *Dr. Bulbul Sood, ED, Jhpiego India Delhi*
- *Dr. Poonam Muttreja, ED, PFI, Delhi*
- *Dr. Sunil Mehta, ED, MAMTA, Delhi*
- *Dr. Monika Arora, ED, HRIDAY, Delhi.*
- *Mohammed Asif, Director, Programme Implementation, Plan India, Delhi*
- *Dr. Nirajan Naik, Director, Breast and Gastrointestinal Onco-Surgery, Fortis Memorial Research Institute, Gurgaon*
- *Dr. R. Sankaranaryanan, Sr. Advisor, RTI India, Delhi*
- *Mr. Neeraj Jain, ED, PATH, Delhi*
- *Lt. Gen PS Bhatia, Commodore, Army air Defence College, Odisha*
- *Mr. Sayeed Ansari, Sr Anchor, AAJ TAK, Delhi*
- *RJ Sayema, Radio Mirchi 98.3 FM, Delhi*
- *Mr. Gaurav Sawant, Executive Editor, AAJ TAK, Delhi*
- *Dr. Kalyanashish Das, Sr. Advisor, Plan India, Delhi*

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- *Mr. Govind Nihalani, Eminent Producer & Director, Mumbai, India*
- *Mr. Manoj Bajpayee, Eminent Actor, Mumbai, India*
- *Dr Chandra Prakash Dwivedi, Eminent Director, Mumbai, India*
- *Mr. Akhilendra Mishra Eminent Actor, Mumbai*
- *Mr. Vineet Kumar, Eminent Actor, Mumbai*
- *Mr. Ketan Mehta, Eminent Director, Mumbai*

# EMINENT PERSONALITIES



## ASSOCIATED/PARTICIPATED IN GSF

- *Mr. Sanjay Mishra, Eminent Actor, Mumbai*
- *Ms. Tanishtha Chatterjee, Eminent Actress, Mumbai*
- *Mr. Ashim Bajaj, Producer & Cinematographer, Mumbai*
- *Ms. Pankaja Thakur, Eminent Producer cum Ex CEO, CBFC India*
- *Mr. Mukesh Khanna, Chairperson, CFSI, Mumbai*
- *Ms. Shilpa Shukla Eminent Actress, Mumbai*
- *Ms. Leena Yadav, Eminent Director, Mumbai*
- *Mr. Ajay Brahmattmaz, Eminent Film Critic, Mumbai, India*
- *Mr. Abinash Das, Eminent Director, Mumbai, India*
- *Ms. Neetu Chandra, Eminent Actress, Mumbai*
- *Mr. Pankaj Jha, Eminent Actor, Mumbai*
- *Mr. Kranti Prakash Jha, Eminent Actor, Mumbai*
- *Mr. Nitin Neera Chandra, Eminent Director, Mumbai*
- *Mr. Simiyu Barase, Film Director, Kenya*
- *Ms. Betty Kathungu Furet, Film Director, Kenya*
- *Mr. Ganesh Pandey, Film Director, Nepal*
- *Mr. Shravan Kumar, CEO, CFSI, Mumbai*
- *Mr. Amarendra Bhosle, Director, Mumbai, India*
- *Mr. Pulkitpulkit, Director, Mumbai, India*
- *Mr. Premendra Mazmudar, Secretary General, India Film Critic Association, Kolkata*
- *Mr. J G Gaekwad, Maharaj, Baroda Gharana, Gujarat.*
- *Mr. Juan Pablo Martinez, Film Director, Argentina*
- *Ms. Sofia Rangone, Film Critic and Director, Argentina*
- *Mr. Jaun Alvarez Prado, Director, Argentina*
- *Mr. Khandaker Sumon, Director, Bangladesh*
- *Mr. Vitaly Sumin, Director, Bangladesh*
- *Mr. Masakazu Kaneko, Director, Japan*
- *Mr. Fernando Epelde, Director, Spain*
- *Mr. Akshay Singh, Director, Mumbai, India*
- *Ms. Ruchika Oberoi, Director, Mumbai, India*
- *Mr. Vinay Pathak, Eminent Actor, Mumbai*
- *Mr. Dhiraj Meshram, Director, India*
- *Mr. Amartay Bhattacharjee, Director, India*

# EMINENT PERSONALITIES



## ASSOCIATED/PARTICIPATED IN GSF

- *Bhasker Hazarika, Director, India*
- *Mr. Biju Toppo, Director, Ranchi, India*
- *Md. Nawab Shah, Eminent Actor, Mumbai, India*
- *Md. Zaigham Imam, Director, Mumbai, India*
- *Mr. Jaicheng Jai Dohutia, Director, India*
- *Mr. Nagesh Bhosle, Director, India*
- *Mr. Santosh Babuseenan, Director, India*
- *Mr. Haobam Pabankumar, Director, India*
- *Ms. Tasmiah Afreen, Actor, Bangladesh*
- *Ms. Shabnam Ferdousi, Director, Bangladesh*
- *Mr. Chariesstewart Thomson, Australia*

## EMINENT DOCTORS PARTICIPATED IN THE SCREENING CAMPS/PROGRAMMES

- *Padmashree Dr. J.K. Singh, President, Cancer Care India, Delhi, India*
- *Dr. Jagat Narula, Head of Cardio vascular department, New York Hospital, USA*
- *Dr. Shudhendu Choubey, Eminent Cardio vascular doctor, Virginia, USA*
- *Padmashree Dr. S.H. Advani, Director, Asian Cancer Institute, Mumbai, India*
- *Dr. G k Rath, Director, National cancer Institute, AIIMS, Delhi.*
- *Dr. Harit Chaturvedi, chairman oncology Wing, Max Hospital, Delhi, India*
- *Dr. Ramesh Chauhan, World Academy of Medical Sciences, Netherlands*
- *Dr. L Sarangi, Director, Acharya Harihar Cancer Institute, Govt of Odisha, Cuttack.*
- *Dr. S Khanna, President, Dharamshila Cancer Foundation, Delhi.*
- *Dr. Meenu Walia, Director, Medical oncology, Max hospital, Delhi, India*
- *Dr. Darryl D'souza, Goa, India*
- *Dr. Sanjay Sharma, Asian Cancer institute, Mumbai, India*
- *Dr. A.A Hai, Director, Paras HMRI Hospital Patna, India*
- *Dr. A K Biswas, Director, IGIMS, Patna, Bihar, India*
- *Dr. Madan Kataria, Founder, Laughter Yoga University, Bengaluru, India*
- *Dr. Bhaskar Khandeker, India's 1st Music Therapist, Chhattisgarh, India*
- *Dr. Preeti Gupta, Institute of Hypnotherapy, New Delhi, India*
- *Dr. Manisha Singh, Associate Professor, Mahavir Cancer Sansthan, Patna, Bihar, India*
- *Dr. Shyambabu Prasad, R.N Super Specialty Hospital, Patna, Bihar, India*
- *Dr. Sarika Gynecologist, Ruban Hospital, Patna, Bihar, India*
- *Dr. Mukesh Bharti, Assistant Professor, Dept. of Radiotherapy, D.M.C.H, Bihar, India*
- *Dr. Rajeev Sharan, Head & Neck Surgical Oncology (AIIMS), Patna, Bihar, India*
- *Dr. Prabhat Ranjan, Patna, Bihar, India*

## कैंसर से बचाव के तरीके बताए



■ एनबीटी न्यूज, वैशाली : सेक्टर-2 में रविवार को ग्रामीण स्नेह फाउंडेशन ने कैंसर से लड़कर उसको मात दे चुके फाइटर्स के लिए हौसला कैंसर स्पोर्ट मीटअप का आयोजन किया। इसमें 100 से ज्यादा कैंसर फाइटर्स ने हिस्सा लिया। डॉ. मीनू वालिया ने लोगों को कैंसर से लड़ने के लिए जागरूक किया। वहीं, कैंसर से बचाव और लक्षण व कीमोथैरेपी के बारे में बताया। संस्था की अध्यक्ष स्नेहा राउत्रे ने बताया कि ग्रामीण स्नेह फाउंडेशन ने कैंप की फ्री फिजियोथेरेपी कंसल्टेंट और फ्री हेल्थ चेकअप किया गया। कैंप में डॉ. मीनू वालिया ने लोगों को कैंसर के बचाव के अलावा लक्षण बताए। इस बीच निशा, अंजना और प्रगति मौजूद रहीं।

## कैंसर को मात देने वालों के साथ चांटी खुशियां



कैंसर को मात देने के साथ खुशियां मनाते ग्रामीण स्नेह फाउंडेशन के फाइटर्स • ताजरा

**कल्याण राजकुमार, बैकनी:** कैंसर से निराला या मुक्ति और उसकी जगह लड़कें लोगों के लिए बनना हमीय स्नेह फाउंडेशन और मेक्स अस्पताल ने विशेष कार्यक्रम का आयोजन किया। वलंट कैंसर से पर आर्गनाइज कार्यक्रम में कैंसर-संबंधित लोगों ने भागना, और मिटर परपार्सि, स्नेह-जग-मेक्स और स्टैंड अंड कमिटी का इन्वोल्व किया। ग्रामीण स्नेह फाउंडेशन की अलख स्नेहा राउत्रे ने बताया कि कैंसर से लड़ने के लिए लोगों के पास इन्फार्मेशन होनी चाहिए। उनका समर्थन लेना भी इसी इन्फार्मेशन को बढ़ाने का काम कर रहा है। वहीं

क्या है कि कैंसर संबंधितों के साथ क्या तरह के आयोजन कर कैंसर पीड़ित लोगों का स्नेह बढ़ाना जरूर है। मेक्स सुपर स्पेशलिटी हॉस्पिटल, वैशाली के अतिरिक्त उपस्थित डॉ. गौरव अग्रवाल ने कहा कि कैंसर अपने-अपने स्वरूप में बहुत कष्टकारी और तनावपूर्ण जन्मता है। परिवार के सदस्यों से और चांटी उपचार कर इससे बचा जा सकता है। उससे न केवल इस बीमारी से मरना मिल सकता है, बल्कि उपचार के बाद लोगों के जीवन की गुणवत्ता में भी सुधार आ सकता है। कैंसर पीड़ितों ने आयोजन के लिए संस्थानीय की धन्यवाद दिया।

## डर को हराकर कैंसर से जीतीं स्नेहा आज लोगों को इस बीमारी के प्रति कर रही हैं जागरूक

■ अग्रांक उपाध्यक्ष, वैशाली: कैंसर का नाम सुनते ही अक्सर लोग डर जाते हैं और कई बार यह बीमारी पीड़ितों का जीवन भी तोड़ देती है। लेकिन सच यह है कि इस बीमारी से लड़ने के लिए दवा के साथ-साथ होसले का होना बेहद जरूरी है। इसके दम पर ही वैशाली सेक्टर-2 में रहने वाली स्नेहा राउत्रे ने कैंसर को मात दी और अब वह खुद कैंसर पीड़ितों के अंदर से इसका डर निकालने में जुटी हुई हैं। आज वलंट कैंसर से पर फेज है उनके संघर्ष की कहानी।

कीमोथेरेपी और रेडिएशन का उपचार लिया। उसके बाद वह इससे खल निकलीं। उन्होंने बताया कि वह एक इंटीरियर अर्किटेक्चर हैं। खबर ही वह साल 2009 से ग्रामीण स्नेह फाउंडेशन के जरिए ग्रामीण महिलाओं के लिए काम कर रही हैं। एक जगह एक महिला होने के नाते उन्हें कैंसर से निरादर में आसानी हुई, लेकिन ग्रामीण व ग्रामीण लोगों को इस बीमारी का पता नहीं है। 2016 से इसके लिए जागरूक अभियान चलाना शुरू किया।



**दो साल कैंसर से जुड़ी:** 37 वर्षीय स्नेहा ने बताया कि साल 2014 में उन्हें ब्रेस्ट कैंसर के शुरुआती लक्षण के बारे में पता चला। पहले तो वह करीब घबरा गई थीं, मगर उनके पति गंगू कुमार ने उन्हें बीमारी से लड़ने का हौसला दिया। करीब दो साल तक स्नेहा ने सर्जरी,

2 हजार लोगों को कैंसर से उभासा : स्नेहा बताती हैं कि उनकी फाउंडेशन ग्रामीण और ग्रामीण लोगों को ब्रेस्ट, लीवर, ब्लड और फेफड़ों के कैंसर से उभारने में कोशिश करती है। उनके प्रयास से अब तक 2 हजार लोगों को कैंसर से राहत मिल चुकी है। वह ग्रामीण लोगों को कैंसर के इलाज के लिए



अधिक मदद भी महत्वपूर्ण है। स्नेहा के अनुसार ग्रामीण फाउंडेशन को ताक से 30 फरवरी को वैशाली सेक्टर-1 से लेकर दिल्ली स्थित यमुना स्पोर्ट्स कॉम्प्लेक्स तक सड़कलौरीयाने लौटो निकाली जाएगी। इसमें महिलाएं साइकल चलाकर कैंसर के प्रति लोगों को जागरूक करेंगी।









मौड़िया को जानकारी देते राष्ट्रीय बिहारी समाज के अध्यक्ष नगि प्रसाद सिंह व ग्रामीण स्नेह फाउंडेशन के सचिव गंगा कुमार।

**कोलकाता : गरीब तबके के कैंसर पीड़ित परीजों की मदद के लिए ग्रामीण स्नेह फाउंडेशन प्रयासरत है। इसी कड़ी में फाउंडेशन ने 29 दिसंबर को म्हानगर में कार्यक्रम का आयोजन किया है जहां महाहर गायक पद्मिनी कैलाश खेर अपनी आवाज का जादू दिखाएंगी। कार्यक्रम द मेपल, पीसी चंदा गार्डन में आयोजित होगा। इस कार्यक्रम से संग्रहित होने वाली रकम कैंसर पीड़ितों के इलाज में खर्च की जाएगी।**

ग्रामीण स्नेह फाउंडेशन के सचिव गंगा कुमार ने बुधवार को कोलकाता प्रेस क्लब में स्वाददला सम्मेलन के दौरान यह जानकारी दी। उन्होंने कहा कि कैलाश खेर इस शो के लिए कोई पैसा नहीं ले रहे हैं। गंगा कुमार ने बताया कि उनकी संस्था बिहार, बंगाल, ओडिशा व झारखंड के खासकर ग्रामीण इलाकों में स्वास्थ्य परीक्षण तथा कैंसर जांच शिविरों का आयोजन करती आ रही है। नौ साल से कैंसर मुक्त भारत अभियान चलाया जा रहा है। कैंसर पीड़ितों के इलाज के लिए यह संस्था बंगाल - बिहार के सीमा क्षेत्र किशनगंज में सेंटर का निर्माण कर रही है। उक्त स्वाददला सम्मेलन में राष्ट्रीय बिहारी समाज के अध्यक्ष नगि प्रसाद सिंह सहित अन्य सदस्य उपस्थित थे। (जम)





## न्यूज अपडेट



### विड़ला ओपेन माइंड में प्रतियोगिता का आयोजन

भागलपुर, प्रमोद एन्ड फाउंडेशन ने ओपेन माइंड ए विड़ला स्कूल में हस्तिकर को बच्चों के बीच लेखन, चित्रकला, लोक नृत्य व माथा पाच प्रतियोगिता का आयोजन किया। प्रतियोगिता का उद्देश्य बच्चों में क्रिएटिव सोलिंग को बढ़ावा देना है, बिहार एक विरासत के इस कार्यक्रम में भागलपुर के कई विद्वानों के छात्रों ने भाग लिया, इनमें ओपेन माइंड ए विड़ला स्कूल के अलावा प्रेम वेली और खनराइज पब्लिक स्कूल हैं, कार्यक्रम प्रमुख फरोग अज्जाम ने बताया कि बिहार एक विरासत के इस कार्यक्रम में भागलपुर कॉमिन्गरी के बच्चों में कला के प्रति जागरूकता फैलायी जा रही है, ऐसे कार्यक्रम उनकी कला को निखलने का काम करता है, इन बच्चों के माध्यम से कैसर के खिलाफ जागरूकता अभियान चलाया जा रहा है, अभी प्रमोद एन्ड स्टाडी प्रतियोगिता का आयोजन कर रहे हैं, प्रमोदल में चयनित बच्चों को प्रतियोगिता 20 अक्तूबर को प्रमोवैट मेसालथ घटना होगी, इन्हें कला प्रियोगिता द्वारा अकाई दिख जाएगा.



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